

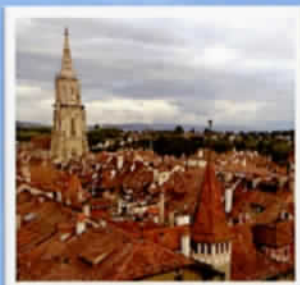


# Switzerland **BERN**

**youth camp 2024**  
july 20<sup>th</sup> – august 03<sup>th</sup>

**Bern - beautiful region  
in the heart of Switzerland**

Active or relaxed, urban or rural, culture or sport, by water  
or on a mountain: endless options for exciting activities  
and meeting people in Bern.



special welcome from the Lions Clubs Bern  
see you 2024 in Bern - <https://www.lions.ch/>



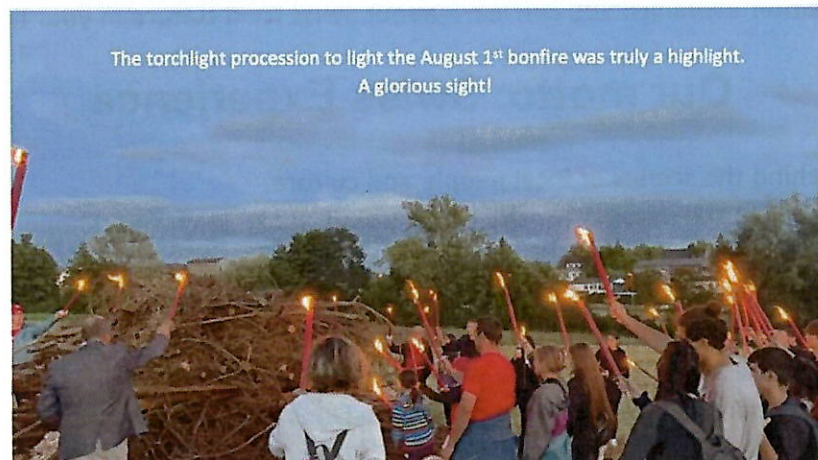
# Lions Clubs International

#KindnessMatters  
zusammen Lions leben



## International Youth Camp and Host families July 6<sup>th</sup> – August 03<sup>rd</sup> 2024

A youth exchange for cultural understanding



The Lions' Youth Exchange goes back a long time! The program, intended to promote cultural exchange and mutual understanding amongst young people, began in 1961.

### **"Incomings": Youth from other countries come to Switzerland**

Every Summer, many youths from around the world come to Switzerland and Liechtenstein for four weeks. They spend two weeks in the homes of Swiss families belonging to the Lions Club, and two weeks in one of two camps that we organise. The goal of this exchange program is to promote the spirit of understanding between the world's many cultures and for youths from other countries to learn about Switzerland – the country, the culture, the people.

### **"Outgoings": Swiss youth go abroad**

At the same time, the same amount of youths will have the chance to take part in the program in other partner countries.

July 6<sup>th</sup> to July 20<sup>th</sup> in Host families in Switzerland  
July 20<sup>th</sup> to August 3<sup>rd</sup> Camp in Bern, Switzerland

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## Welcome to your host families

Lions and Leos in Switzerland welcome you to join a host family for two weeks, either before or after the Youth Camp. You will take part in the life of a Swiss family. You will learn about the Swiss life style, what it's like to live and work or be a student in Switzerland and even participate in Swiss hobbies and sport, some of which may be new to you. Sports such as archery, swimming (in beautiful lakes!) riding bikes and skiing, among others, play a major role in Swiss life.

Switzerland is known for Chocolate and Cheese, the latter sometimes in the form of fondue, enjoyed on cold winter evenings. You can learn about Swiss food culture in your host families.

## Our motto: Swiss Experience

- look behind the scenes of local people and culture
- enjoy trips to the mountains, the country side, sports activities, shopping tours in our main cities
- experience a variety of activities with your new youth camp friends
- enjoy the time with new friends from all over the world
- celebrate the Swiss National day with your friends from the youth camp
- present and insider view of your country to Lions and Leos on Visitors' Day
- and much more.....

### *"Comments from the host families":*

"We had with our Youth from Hungary a very nice and harmonious week together. She was modest, bright and interested at all. We organized together with our members from Lions-Club excursions in our nicest areas of canton „Graubünden“. We think, she liked it very much. We close the young lady in our heart and hope to see her once more in Hungary."

(Host-family Trepp, CH-7425 Masein)

"The organisation was for us as the first time in the function of a host-family very good, the communication understandable and detailed....As we were informed about the strict program from the host family one week before we decided to start our program a little bit slower. We organized a nice barbecue at home with our daughter. The both young ladies understand very well and had a lot of fun together."

(Host-family Meichtry, CH-8917 Oberlunkhofen)

"Thank you very much, it was a very nice week and all members from the Lions-Club made experience great things with the Youths. They came home very happy and thankful every evening and let us know how nice and nearly incomprehensible all this was both together."

(Host family Groth, CH-8400 Winterthur)



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## International Youth Camp 2023 in Switzerland

### Youth Camps Rapperswil-Jona and Rothenthurm



Thank you note of a wonderful Youth from Lithuania (Jugendlager Rapperswil-Jona 2023)

«With the host family's I got along really good, actually with the first family who was Mirja and Corrine it was sooooo fuunnn it felt like they are my real family I miss them Soo much, it was sad to leave them:).

I like it everything it was fun experience, it was hard to get up at 7 or 8.

The camp was the best thing, i loved roommate's, and everyone else. Once I got there Lara, Annika and David was so sweet, when we were talking I knew it I'm gonna like this camp. I like it activities, it was fun. At first I thought 4 weeks is like long but when it was camp time I wanted 2 more weeks:)

the camp is like my family:)).».